

# Transdermal Hormone Health

Hormonal imbalance can impact you at any stage of life. From anxiety, night sweats to weight gain and hot flashes, these changes can leave even the most confident women feeling overwhelmed and helpless—but you don't have to navigate them alone. Aging, environmental toxins, highly processed foods, and endocrine disruptors are triggering hormonal shifts earlier than ever, causing some women to experience hormonal imbalances as early as their 30's.

Take control of your hormones with Balance Transdermal Hormone Health, a natural breakthrough solution designed for women. Our proprietary transdermal delivery system utilizes 14 scientifically backed ingredients that work with your body's natural ability to regulate hormones, helping smooth out the ups and downs of hormonal fluctuations. From mood swings and sleep disturbances to menopausal symptoms, Balance helps you stay confident and in control.







### Transdermal Hormone Health

# THE IMPORTANCE OF HORMONAL BALANCE

Hormones are essential messengers in the body, regulating mood, metabolism, energy levels, and overall well-being. As women age, fluctuations in estrogen, progesterone, testosterone, and cortisol can lead to discomfort, stress, and unexpected changes in health.

Unlike traditional hormone therapies that rely on synthetic hormones, Balance works with your body's natural ability to regulate hormones, helping to smooth out fluctuations and provide relief from common menopause and perimenopause symptoms.



### WHAT MAKES BALANCE UNIQUE?

Designed to restore balance, this powerful blend helps smooth out the ups and downs of fluctuating hormones. Rather than adding synthetic hormones, it works with your body's natural processes to help you stay balanced and healthy. No synthetic hormones —just plant-based power.

Featuring our innovative transdermal NanoShield Technology, an advanced cellular transport system that delivers active ingredients directly to the cell. It encapsulates and protects ingredients from breaking down as its transported through the skin's barrier, ensuring maximum efficacy, potency, and results.

"Transdermal delivery is one of the most effective methods for hormone absorption, bypassing the stomach's enzyme breakdown process." – Dr. Lindsey





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#### A CLOSER LOOK AT THE POWERHOUSE INGREDIENTS:

Wild Yam Extract: Contains diosgenin, a compound often promoted as natural DHEA. It may support hormonal balance and calm menopause symptoms.

Maca Root Extract: An adaptogen that may help balance hormones, support energy, enhance libido, and alleviate menopause symptoms like mood swings and sleep disturbances.

**Ashwagandha Extract:** A well-known adaptogen that may help reduce cortisol levels, promote stress relief, emotional well-being, and potential thyroid support.

**Chasteberry:** May help regulate progesterone and estrogen levels, easing PMS, menstrual irregularities, and menopause symptoms like mood swings and breast tenderness.

**Black Cohosh:** Supports menopause relief by helping to reduce hot flashes, night sweats, and mood swings, possibly through serotonin-related pathways.

**Tongkat Ali Extract:** Traditionally used to support healthy testosterone levels, promoting improved libido, energy, mood, and muscle strength.

**Flaxseed Oil:** A rich source of ALA and lignans with phytoestrogenic properties that may help modulate and metabolize estrogen.

**Chaste Tree Berry:** Supports hormone balance, relieves PMS and menopause symptoms, and may enhance fertility for women's reproductive health.

**Red Clover:** Rich in isoflavones that mimic estrogen, potentially helping to ease menopause symptoms, support bone density, and promote heart health.

**Soy Isoflavones:** Contains natural phytoestrogens that may help relieve menopause symptoms like hot flashes and night sweats while supporting bone health. (Contains soy.)

**Blue Tansy Essential Oil:** Promotes relaxation and indirectly supports hormonal balance by reducing stress.

**Clary Sage Essential Oil:** May help regulate estrogen levels and provides relief from cramps and hot flashes.

**Rosemary Extract:** Supports cognitive function, memory, and circulation, which may be beneficial for hormonal health and overall well-being.

**NanoShield Proprietary Blend:** A combination of jojoba oil, squalane, and coconut oil (high MCT) to enhance nutrient absorption deep into the skin.





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#### WHY CHOOSE BALANCE?

- Supports Healthy Hormonal Balance: Supports healthy estrogen metabolism and aids in your body's ability to balance cortisol, testosterone, and progesterone levels.
- Calms Menopausal Symptoms: May help reduce hot flashes, night sweats, and breast tenderness.
- May improve mood swings and energy levels: May help regulate cortisol, reducing stress and promoting a stable mood.
- Boosts Energy & Libido: Supports stamina, vitality, and sexual health.
- Encourages Restful Sleep: Could help improve sleep quality by stabilizing hormones.
- Supports Skin & Hair Health: May improve hydration, reduce hair thinning, and enhance overall skin health.
- Assists in Bone & Muscle Strength: May aid in maintaining bone density and muscle mass.

#### DEVELOPED WITH CARE

Balance is made in the USA with the highest quality standards. It is formulated without parabens, sulfates, or artificial dyes, making it safe for all skin types.

- Third-party quality tested
- 60-day money-back guarantee
- Free shipping



Made in USA



Formulated without parabens, sulfates, or artificial dyes



Plant-based ingredients



Safe for sensitive skin



<sup>\*</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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#### **HOW TO USE IT:**

Apply 1 to 2 pumps morning and evening to thin areas of skin wherever veins are visible, such as inner thighs or forearms.

For external use only. Keep out of reach of children.

#### TIPS FOR OPTIMAL RESULTS:

- **Application Method:** Apply to the inner forearm, then rub forearms together or massage into soft tissue areas such as the inner arms or inner thighs. Use once or twice daily for best results.
- Application Tip: Apply after showering to clean, dry skin.
- Consistency is Key: Regular application is essential for achieving improvements.
- Recommended Dosage: Women who are not experiencing hormonal symptoms should start with one pump per day. Women experiencing menopausal symptoms can use 2 pumps morning and night.
- Adjusting for Sensitivity: Some individuals may need to adjust their dosage if they
  experience sensitivity to specific ingredients. If needed, try a half dose in the
  morning and evening or use a regular dose every other day, gradually increasing to
  the full dosage. If symptoms arise, they may be part of the body's natural cleansing
  and balancing process. In such cases, reduce the dosage and ease into the formula
  at a slower pace.
- **Results May Vary:** The speed and nature of results depend on factors such as age, lifestyle, baseline hormone levels, and individual responsiveness. Natural therapies often take weeks to months to bring noticeable changes in hormone balance.







## Transdermal Hormone Health

#### TAKE CONTROL OF YOUR HORMONES TODAY

Say goodbye to hormone-related frustrations and hello to confidence at every stage of life. Balance Transdermal Hormone Health empowers you to take charge of your well-being—naturally and effectively.

Order today and start your journey to lasting balance!

